

GB FB159 - Free From Dairy & Soya & Egg - Child Lunch - Standard - Week

Tuesday Wednesday **Thursday Friday** Monday Beef Chow Mein with peas Balti chicken with rice Chicken Pot Pie Tuna pasta bake with Main Roasted Chicken strips, fresh raw vegetables, herby and noodles sweetcorn coconut dip with a tortilla Ingredients:, Basmati Rice, Ingredients:, Potatoes, Tomatoes, Onion, Spinach, Grated Carrots, Sweetcorn, Ingredients:, Egg Free Ingredients:, Egg Free wrap. Chicken Breast, Olive Oil. Onion, Celery, Beans, Noodles (Wheat Flour (With Fusilli (Durum Wheat Ginger, Garam Masala, Chicken Breast, Lentils, Calcium Carbonate, Iron, Semolina - Contains Ingredients:, Wrap Korma Curry Paste, Tomato Tomato Paste, Olive Oil. Niacin, Thiamin), Salt, Gluten), Chopped Tomatoes, (Contains Wheat, Gluten), Purée, Coconut, Rapeseed Gluten Free Low Salt Tomato Paste, Carrots, Tuna Paprika - Contains Gluten), Chicken Breast, Cucumber, Oil, Cumin, Coriander, Garlic, Vegetable Stock (Cornflour, Carrots, Garden Peas, Chunks (Contains Fish), Carrots, Coconut Milk Sweetcorn, Tomatoes, Onion, Ginger, Turmeric, Xanthan Potato Starch, Onion, Carrot, Sweetcorn, Onion, Olive Oil, (Coconut Extract, Guar Gum, Gum, Cardamom, Curry Peas, Tomato Powder, Black Olive Oil, Plum Sauce, Beef Balsamic Vinegar (Red Xanthan Gum), Garlic, Powder (Contains Mustard), Pepper, Parsley, Turmeric, Wine Vinegar, Grape Must, Mince, Black Pepper, Garlic Parsley, Black Pepper, Dill Salt), Garlic, Cumin, Black Turmeric Caramel, Sulphite), Gluten Pepper Free Low Salt Vegetable 0 0 Stock (Cornflour, Potato Starch, Onion, Carrot, Peas, (C) Tomato Powder, Black Pepper, Parsley, Turmeric, Salt), Garlic, Italian Seasoning G 🕝 வ

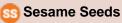
Allergens Key













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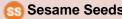












The Yum Yum Food Company London **Created by The Yum Yum Food Company** London

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Dessert

Fresh fruit

Vegan, soya free cake

Fresh banana

Chocolate and cinnamon flapjacks

Vegan, soya free cake

Ingredients:, Fresh Fruit

Ingredients:, Wheat Flour (With Calcium, Iron, Niacin, Thiamin), Apple, Peach, Pear, Dairy Free Margarine, Pinch Of Brown Sugar, Gluten Free Baking Powder, Bicarbonate Of Soda, Cinnamon

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Ingredients:, Banana

Ingredients:, Porridge Oats (Contains Oat & Gluten), Apple, Dairy Free Margarine, Golden Syrup, Pinch Of Brown Sugar, Cocoa Powder, Cinnamon

Ingredients:, Wheat Flour (With Calcium, Iron, Niacin, Thiamin), Apple, Peach, Pear, Dairy Free Margarine, Pinch Of Brown Sugar, Gluten Free Baking Powder, Bicarbonate Of Soda, Cinnamon

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Allergens Key

(D) Dairy

Eggs

S Soy Beans

Mustard

🔼 Lupin Mollusc Crustanceans

C Celery









