

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Green lentils and broccoli with potatoes	Chick pea and sweetcorn with egg free noodles	Lentils and peppers with potatoes	Butter beans and green beans with couscous	Red lentils and courgette with egg free noodles
	Broccoli, Green Lentils, Potatoes	Chick Peas, Egg Free Noodles (Contains Gluten), Sweetcorn	Lentils, Peppers, Potatoes	Butter Beans, Cous Cous (Contains Gluten), Green Beans	Courgettes, Egg Free Noodles (Contains Gluten), Red Lentils
		G		G	G
Dessert	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

Allergens Key

- D** Dairy
- E** Eggs
- SB** Soy Beans
- M** Mustard
- L** Lupin
- C** Crustaceans
- P** Peanuts
- G** Gluten
- F** Fish
- N** Nuts
- SS** Sesame Seeds
- M** Mollusc
- C** Celery
- SD** Sulphur Dioxide