

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Lentils and carrots with couscous	Red lentils and peppers with basmati rice	Cannellini beans and garden peas with egg free noodles	Red lentils and cauliflower with fusilli pasta	Mixed bean and broccoli with potatoes
	Carrots, Cous Cous (Contains Gluten), Lentils	Basmati Rice, Mixed Peppers, Red Lentils	Cannellini Beans, Egg Free Noodles (Contains Gluten), Garden Peas	Cauliflower, Egg Free Fusilli (Contains Gluten), Red Lentils	Broccoli, Butter Beans, Cannellini Beans, Potatoes
	G		G	G	
Dessert	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

Allergens Key

- D** Dairy
- E** Eggs
- SB** Soy Beans
- M** Mustard
- L** Lupin
- C** Crustaceans
- P** Peanuts
- G** Gluten
- F** Fish
- N** Nuts
- SS** Sesame Seeds
- M** Mollusc
- C** Celery
- SD** Sulphur Dioxide