

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	<p>Chicken and carrot with potatoes</p> <p>Ingredients:, Chicken Breast, Carrots, Potatoes</p>	<p>Lentil and mixed veggies with pasta</p> <p>Ingredients:, Lentils, Mixed Vegetables Carrots, Green Beans, Broad Beans, Garden Peas, Sweetcorn, Pasta (Durum Wheat Semolina - Contains Gluten)</p> <p>G</p>	<p>Chicken and peas with potatoes</p> <p>Ingredients:, Chicken Breast, Garden Peas, Potatoes</p>	<p>Chickpea and cabbage with couscous</p> <p>Ingredients:, Chick Peas, Cauliflower, Cous Cous (Durum Wheat Semolina - Contains Gluten)</p> <p>G</p>	<p>Bean and tomatoes with potatoes</p> <p>Ingredients:, Beans, Tomatoes, Potatoes</p>
Dessert	<p>Fresh fruit</p> <p>Ingredients:, Fresh Fruit</p>	<p>Fresh fruit</p> <p>Ingredients:, Fresh Fruit</p>	<p>Fresh fruit</p> <p>Ingredients:, Fresh Fruit</p>	<p>Fresh fruit</p> <p>Ingredients:, Fresh Fruit</p>	<p>Fresh fruit</p> <p>Ingredients:, Fresh Fruit</p>

Allergens Key

D Dairy	E Eggs	SB Soy Beans	M Mustard	L Lupin	C Crustaceans	P Peanuts
G Gluten	F Fish	N Nuts	SS Sesame Seeds	M Mollusc	C Celery	SD Sulphur Dioxide