

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	Atlantic pollack fillet and broccoli with potatoes	Chick pea and sweetcorn with egg free noodles	Lentils and peppers with potatoes	Chicken breast and green beans with couscous	Beef pieces and courgette with egg free noodles
	Alaska Pollack (Contains Fish), Broccoli, Potatoes	Chick Peas, Egg Free Noodles (Contains Gluten), Sweetcorn	Lentils, Peppers, Potatoes	Chicken Breast, Cous Cous (Contains Gluten), Green Beans	Beef Diced, Courgettes, Egg Free Noodles (Contains Gluten)
	<b>F</b>	<b>G</b>		<b>G</b>	<b>G</b>
<b>Dessert</b>	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

**Allergens Key**

- D** Dairy
- E** Eggs
- SB** Soy Beans
- M** Mustard
- L** Lupin
- C** Crustaceans
- P** Peanuts
- G** Gluten
- F** Fish
- N** Nuts
- SS** Sesame Seeds
- M** Mollusc
- C** Celery
- SD** Sulphur Dioxide