

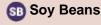
GB FB159 - Free From Dairy & Soya & Egg - Child Lunch - Standard - Week

Tuesday Wednesday **Thursday Friday** Monday Macaroni Beef bolognaise Chicken Alfredo with Mixed beans and spinach Main Moroccan vegetable tagine Hawaiian chicken with with chick peas, apricots basmati rice and spinach couscous peppers served with egg free noodles and courgettes served with Ingredients:, Macaroni Pasta (Contains: Gluten), herby couscous Ingredients:, Basmati Rice, Ingredients:, Cous Cous Carrots, Garden Peas, Onion. (Durum Wheat Semolina -Carrots, Garden Peas, Ingredients:, Egg Free Beef Mince, Chopped Spinach, Coconut Milk Contains Gluten), Carrots, Noodles (Wheat Flour (With Ingredients:, Cous Cous Tomatoes, Celery, Swedes, (Coconut Extract, Guar Gum, Potatoes, Spinach, Onion, Calcium Carbonate, Iron, (Durum Wheat Semolina -Turnips, Red Lentils, Gluten Xanthan Gum), Onion, Butter Beans, Kidney Beans, Niacin, Thiamin), Salt, Contains Gluten), Chopped Free Low Salt Vegetable Chicken Breast, Gluten Free Coconut Milk (Coconut Paprika - Contains Gluten), Tomatoes, Chick Peas, Diced Stock (Cornflour, Potato Low Salt Vegetable Stock Extract, Guar Gum, Xanthan Carrots, Tomato Paste, Carrots, Green Peppers, Red Starch, Onion, Carrot, Peas. (Cornflour, Potato Starch, Gum), Gluten Free Low Salt Onion, Red Peppers, Yellow Peppers, Yellow Peppers, Tomato Powder, Black Onion, Carrot, Peas, Tomato Vegetable Stock (Cornflour, Peppers, Green Peppers, Courgettes, Apricot Sulphur Pepper, Parsley, Turmeric, Powder, Black Pepper, Potato Starch, Onion, Carrot, Dioxide, Onion, Cinnamon, Pineapple, Chicken Breast, Salt), Ground Black Pepper, Parsley, Turmeric, Salt), Peas, Tomato Powder, Black Gluten Free Flour, Gluten Cumin, Garlic Puree, Gluten Oregano, Garlic, Basil Garlic, Basil Pepper, Parsley, Turmeric, Free Low Salt Vegetable Free Low Salt Vegetable Salt), Oregano, Turmeric, Stock (Cornflour, Potato Stock (Cornflour, Potato Starch, Onion, Carrot, Peas. G (C) Ginger Starch, Onion, Carrot, Peas, Tomato Powder, Black Tomato Powder, Black Pepper, Parsley, Turmeric, Pepper, Parsley, Turmeric, **G** Salt), Mixed Herbs - Dried, Salt), Garlic, Ginger Turmeric 0 G sd

Allergens Key







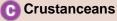
















Peanuts





Nuts

Sesame Seeds





SD Sulphur Dioxide The Yum Yum Food Company London **Created by The Yum Yum Food Company** London

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Dessert

Peach Krispie Bite Fruit compote

Ingredients:, Oat Flakes

(Contains Oat & Gluten),

Contains Barley), Peach,

Barley Extract, Salt -

Syrup

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Rice Krispies (Rice, Sugar,

Dairy Free Margarine, Golden

Ingredients:, Apple, Peach, Pear, Pinch Of Brown Sugar,

Vanilla Flavouring, Cinnamon

Pineapple Chocolate Bar

Ingredients:, Oat Flakes (Contains Oat & Gluten), Rice Krispies (Rice, Sugar, Barley Extract, Salt -Contains Barley), Pear, Pineapple, Golden Syrup, Orange Extract, Cocoa Powder

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Mixed fruit crumble

Ingredients:, Wheat Flour (Contains Gluten), **Breadcrumbs (Contains:** Gluten), Apple, Peach, Pear, Pinch Of Brown Sugar, Vanilla Flavouring, Cinnamon

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Vegan sova free cake

Ingredients:, Wheat Flour (Contains Gluten), Apple, Peach, Pear, Dairy Free Margarine, Pinch Of Brown Sugar, Gluten Free Baking Powder, Bicarbonate Of Soda, Cinnamon

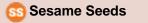


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