

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Lentils and carrots with couscous	Beef mince and peppers with basmati rice	Chicken breast and garden peas with egg free noodles	Red lentils and cauliflower with fusilli pasta	Chicken breast and broccoli with potatoes
	Carrots, Cous Cous (Contains Gluten), Lentils	Basmati Rice, Beef Mince, Mixed Peppers	Chicken Breast, Egg Free Noodles (Contains Gluten), Garden Peas	Cauliflower, Egg Free Fusilli (Contains Gluten), Red Lentils	Broccoli, Chicken Breast, Potatoes
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Dessert	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

Allergens Key

- D** Dairy
- E** Eggs
- SB** Soy Beans
- M** Mustard
- L** Lupin
- C** Crustaceans
- P** Peanuts
- G** Gluten
- F** Fish
- N** Nuts
- SS** Sesame Seeds
- M** Mollusc
- C** Celery
- SD** Sulphur Dioxide