

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Butter beans, carrots and sweetcorn with basmati rice	Red lentils, carrots and peppers with noodles	Beef, cauliflower and broccoli pasta	Tuna, peppers and sweetcorn and basmati rice	Mixed beans and spinach couscous
	Basmati Rice, Butter Beans, Carrots, Sweetcorn	Carrots, Egg Free Noodles (Contains Gluten), Mixed Peppers, Red Lentils	Beef Mince, Broccoli, Cauliflower, Pasta (Contains Gluten)	Basmati Rice, Mixed Peppers, Sweetcorn, Tuna Chunks (Contains Fish)	Butter Beans, Cannellini Beans, Cous Cous (Contains Gluten), Spinach
		G	G	F	G
Dessert	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

Allergens Key

- D** Dairy
- E** Eggs
- SB** Soy Beans
- M** Mustard
- L** Lupin
- C** Crustaceans
- P** Peanuts
- G** Gluten
- F** Fish
- N** Nuts
- SS** Sesame Seeds
- M** Mollusc
- C** Celery
- SD** Sulphur Dioxide