



















	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Mixed Beans and sweetcorn with potatoes	Chicken and garden peas with couscous	Mixed Beans and root veggies with noodles	Tuna and carrots with pasta	Chickpeas with sweetcorn and couscous
	Mixed Beans, Potatoes, Sweetcorn	Chicken Breast, Cous Cous (Durum Wheat Semolina - Contains Gluten) , Garden Peas	Carrots, Celery, Egg Free Noodles (Wheat Flour (With Calcium Carbonate, Iron, Niacin, Thiamin), Salt, Paprika - Contains Gluten) , Mixed Beans, Onion, Swedes, Turnips	Carrots, Pasta (Durum Wheat Semolina - Contains Gluten) , Tuna Chunks (Contains Fish)	Chick Peas, Cous Cous (Durum Wheat Semolina - Contains Gluten) , Sweetcorn
			 	 	
Dessert	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
	Ingredients: , Fresh Fruit	Ingredients: , Fresh Fruit	Ingredients: , Fresh Fruit	Ingredients: , Fresh Fruit	Ingredients: , Fresh Fruit

Allergens Key

-  Dairy
  Eggs
  Soy Beans
  Mustard
  Lupin
  Crustaceans
  Peanuts
-  Gluten
  Fish
  Nuts
  Sesame Seeds
  Mollusc
  Celery
  Sulphur Dioxide