

Free From Dairy & Soya & Egg - Adult Tea - Vegetarian - Week 2

Monday Tuesday Wednesday **Thursday Friday** Smoked paprika butter Main Jacket potatoes and baked Winter vegetables with Baked pasta with Sweet and sour veggies beans with vegetarian chickpeas and egg free mediterranean vegetables with pepper and bite sized beans with a tomato sauce nuggets noodles served with a tasty pineapple served with served with basmati rice cauliflower coulis Chopped Tomatoes, egg free noodles Courgettes, Diced Carrots, Baked Beans In Tomato Balsamic Vinegar (Red Egg Free Fusilli (Durum Sauce, Jacket Potatoes, Wine Vinegar, Grape Must, Cauliflower, Chick Peas, Egg Cornflour, Egg Free Noodles Wheat Semolina - Contains Vegetarian Nuggets (Carrot, Caramel, Sulphite), Basil, Free Noodles (Wheat Flour (Wheat Flour (With Calcium Sweetcorn, Green Beans, Gluten), Garlic Puree, Gluten Basmati Rice, Butter Beans, (With Calcium Carbonate, Carbonate, Iron, Niacin, Free Low Salt Vegetable Cauliflower, Potato, Wheat Carrots, Chopped Tomatoes, Iron, Niacin, Thiamin), Salt, Thiamin), Salt, Paprika -Stock (Cornflour, Potato Flour, yeast, Salt, Sunflower Courgettes, Garlic, Gluten Paprika - Contains Gluten), Contains Gluten), Garlic, Starch, Onion, Carrot, Peas, Oil, White Pepper, Sugar, Free Low Salt Vegetable Gluten Free Low Salt Ginger, Gluten Free Low Salt Onion, Parsley, Paprika, Tomato Powder, Black Stock (Cornflour, Potato Vegetable Stock (Cornflour, Vegetable Stock (Cornflour, Pepper, Parsley, Turmeric, Turmeric) Potato Starch, Onion, Carrot, Potato Starch, Onion, Carrot, Starch, Onion, Carrot, Peas, Salt), Green Peppers, Ground Tomato Powder, Black Peas, Tomato Powder, Black Peas, Tomato Powder, Black Black Pepper, Onion, Red Pepper, Parsley, Turmeric, 0 Pepper, Parsley, Turmeric, Pepper, Parsley, Turmeric, Lentils, Red Peppers, Salt), Onion, Peppers, Salt), Olive Oil, Onion, Salt), Green Lentils, Lemon Parsley, Peppers, Plum Sweetcorn, Yellow Peppers Juice, Mixed Peppers, Onion, Smoked Paprika, Sunflower Sauce, Sweetcorn, Tomato Oil, Thyme, Tomato Paste Paprika, Pineapple, Vinegar 0 Paste 0 G

Allergens Key



G Gluten



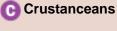
🕞 Fish





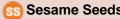




















Created by The Yum Yum Food Company London

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Dessert Fresh fruit Vegan, soya free cake Fresh fruit Rice Krispie Apricot slice Vegan, soya free cake Ingredients:, Fresh Fruit Ingredients:, Wheat Flour Ingredients:, Fresh Fruit Dairy Free Margarine, Dried Ingredients:, Wheat Flour (Contains Gluten), Apple, Apricots, Golden Syrup, Oat (Contains Gluten), Apple, Peach, Pear, Dairy Free Peach, Pear, Dairy Free Flakes (Contains Oat & Margarine, Pinch Of Brown Gluten), Raisins, Rice Margarine, Pinch Of Brown Sugar, Gluten Free Baking Sugar, Gluten Free Baking Krispies (Rice, Sugar, Powder, Bicarbonate Of Powder, Bicarbonate Of Barley Extract, Salt -Soda, Cinnamon **Contains Barley)** Soda, Cinnamon **G** 0 G sd

Allergens Key























