

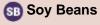
GB FB159 - Free From Gluten - Child Lunch - Vegetarian - Week 2

Ratatouille with chickpeas and parsley rice Ingredients:, Basmati Rice, Ratatouille (Courgette, Tomatoes, Green Pepper, Red Pepper, Onion, Aubergine), Carrots, Chopped Tomatoes, Chick Peas, Tomato Puree, Onion, Olive Oil, Basil, Parsley, Thyme, Ground Black Pepper, Garlic Tomato Puree, Onion, Courget, Contains Milk), Butter (Contains: Milk), Tomato Puree, Olive Oil, Basil, Parsley, Thyme, Ground Black Pepper, Parsley, Turmeric, Salt), Smoked Paprika, Curnin, Bay Leaves, Garlic, Ground Black Pepper Gluten & soya free Vegan Wanilla Rice Pudding Hungarian bean paprika sauce and mash Hungarian bean paprika sauce and mash Hungarian bean paprika sauce and mash Hoisin with lentils and rice Ingredients:, Basmati Rice, Chopped pasta (Chopped Tomatoes, Plum Sauce, Onion, Courgettes, Garden Peas, Lentils, Olive Oil, Soya Sauce (Soybeans, Salt, Spirit Vinegar - Contains Soya) Contains Soya) Fresh melon slices Gluten & soya free Vegan	Lentil Red pesto with gluten free pasta Ingredients:, Gluten Free Pasta (Cornflour, Rice Flour), Chopped Tomatoes, Peppers, Onion, Lentils, Olive Oil, Gluten Free Low Salt Vegetable Stock (Cornflour, Potato Starch, Onion, Carrot, Peas, Tomato Powder, Black
Dessert Gluten & soya free Vegan Vanilla Rice Pudding Fresh melon slices Gluten & soya free Vegan	Pepper, Parsley, Turmeric, Salt), Garlic, Basil
cake Pudding Rice, Milk, Skimmed Ingredients:, Honeydew Ingredients:, Gluten Free Flour, Apple, Peach, Pear, Dairy Free Margarine, Pinch Of Brown Sugar, Gluten Free Baking Powder, Bicarbonate Of Soda, Cinnamon Cake Pudding Rice, Milk, Skimmed Ingredients:, Honeydew Melon Ingredients:, Gluten Free Flour, Apple, Peach, Pear, Dairy Free Margarine, Pinch Of Brown Sugar, Gluten Free Baking Powder, Bicarbonate Of Soda, Cinnamon	Fresh fruit Ingredients:, Fresh Fruit

Allergens Key







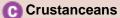


Mustard



Mollusc









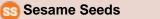














Allergens Key









