

Free From Gluten & Dairy & Soya & Egg - Child Tea - Standard - Week 1

Monday Tuesday Wednesday **Thursday Friday** Slow cooked beef stew with Main Gluten free fish fingers with Vegetarian goulash with Moroccan chicken tagine Chicken pasta bake in a seasonal mixed vegetables smoked paprika served with apricots and mushrooms served with rich tomato sauce with with basmati rice and baby new jacket courgettes served with crunchy diced potatoes sweetcorn basmati rice potatoes Butter Beans, Carrots, Garlic, Chopped Tomatoes, Diced Ingredients:, Gluten Free Beef, Gluten Free Low Salt Gluten Free Low Salt Pasta (Cornflour, Rice Flour), Baby Jacket Potatoes, Broad Apricot Sulphur Dioxide. Vegetable Stock (Cornflour, Vegetable Stock (Cornflour, Chopped Tomatoes, Carrots, Beans, Carrots, Garden Peas, Basmati Rice, Chick Peas, Potato Starch, Onion, Carrot, Potato Starch, Onion, Carrot, Sweetcorn, Chicken Breast, **Gluten Free Fish Fingers** Chicken Breast, Chopped Peas, Tomato Powder, Black Onion, Sunflower Oil, Gluten Peas, Tomato Powder, Black Tomatoes, Cinnamon, (Contains Fish), Sweetcorn Pepper, Parsley, Turmeric, Pepper, Parsley, Turmeric, Free Low Salt Vegetable Courgettes, Cumin, Diced Salt), Olive Oil, Onion, Red Salt), Mushrooms, Onion, Stock (Cornflour, Potato Carrots, Garlic Puree, Gluten **G** Peppers, Smoked Paprika, Parsnips, Potatoes, Raw Starch, Onion, Carrot, Peas, Free Low Salt Vegetable Thyme, Tomato Puree Stock (Cornflour, Potato Veggies, Swedes, Turnips Tomato Powder, Black Pepper, Parsley, Turmeric, Starch, Onion, Carrot, Peas, Tomato Powder, Black Salt), Balsamic Vinegar (Red (C) Wine Vinegar, Grape Must, Pepper, Parsley, Turmeric, Salt), Green Peppers, Mixed Caramel, Sulphite), Basil, Herbs - Dried, Mixed Peppers, Garlic Onion, Red Peppers, Turmeric, Yellow Peppers **® ®**

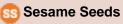
Allergens Key



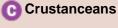






























Created by The Yum Yum Food Company London

Dessert

Fruit compote

Ingredients:, Apple, Peach, Pear, Pinch Of Brown Sugar, Vanilla Flavouring, Cinnamon Gluten & soya free Vegan cake

Ingredients:, Gluten Free Flour, Apple, Peach, Pear, Dairy Free Margarine, Pinch Of Brown Sugar, Gluten Free Baking Powder, Bicarbonate Of Soda, Cinnamon

Fruit compote

Ingredients:, Apple, Peach, Pear, Pinch Of Brown Sugar, Vanilla Flavouring, Cinnamon Gluten & soya free Vegan cake

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Egg - Child Tea - Standard - Week 1

Ingredients:, Gluten Free Flour, Apple, Peach, Pear, Dairy Free Margarine, Pinch Of Brown Sugar, Gluten Free Baking Powder, Bicarbonate Of Soda, Cinnamon

Fresh fruit

Ingredients:, Seasonal Fresh Fruit Pieces

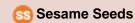
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