



	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Chickpeas and sweetcorn with potatoes	Green Lentils and peppers with pasta	Mixed Beans peas with potatoes	Chickpeas and carrots with couscous	Lentils with peppers and quinoa
	Chick Peas, Potatoes, Sweetcorn	Green Lentils, Mixed Peppers, Pasta (Durum Wheat Semolina - Contains Gluten)	Garden Peas, Mixed Beans, Potatoes	Carrots, Chick Peas, Cous Cous (Durum Wheat Semolina - Contains Gluten)	Gluten Free Quinoa, Lentils, Mixed Peppers
					
Dessert	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
	Ingredients: , Fresh Fruit	Ingredients: , Fresh Fruit	Ingredients: , Fresh Fruit	Ingredients: , Fresh Fruit	Ingredients: , Fresh Fruit

Allergens Key

 Dairy

 Eggs

 Soy Beans


 Mustard


 Gluten


 Fish


 Nuts


 Sesame Seeds


 Lupin

 Crustaceans

 Peanuts

 Mollusc

 Celery

 Sulphur Dioxide