


















	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Red Lentil and carrots with basmati rice	Beef and green beans with couscous	Chicken and leeks with potatoes	Tuna and sweetcorn with pasta	Chicken and tomatoes with basmati rice
	Basmati Rice, Carrots, Red Lentils	Beef Mince, Cous Cous (Contains Gluten), Green Beans 	Chicken Breast, Leeks, Potatoes	Egg Free Fusilli (Contains Gluten), Sweetcorn, Tuna  	Basmati Rice, Chicken Breast, Chopped Tomatoes
Dessert	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

Allergens Key

-  Dairy
-  Eggs
-  Soy Beans
-  Mustard
-  Lupin
-  Crustaceans
-  Peanuts
-  Gluten
-  Fish
-  Nuts
-  Sesame Seeds
-  Mollusc
-  Celery
-  Sulphur Dioxide