

## **GB FB159 - Free From Gluten & Dairy** & Soya & Egg - Child Tea - Standard -

		Monday	Tuesday	Wednesday	Thursday	Friday
1	Main	Rosemary chicken with carrot and cucumber and baby potatoes  Ingredients:, Potatoes, Chicken Breast, Cucumber, Carrots, Rosemary, Garlic, Ground Black Pepper, Parsley, Rosemary	Lentil pasta salad with mixed veggies GF  Ingredients:, Gluten Free Pasta (Cornflour, Rice Flour), Mixed Vegetables Carrots, Green Beans, Broad Beans, Garden Peas, Sweetcorn, Lentils, Gluten Free Low Salt Vegetable Stock (Cornflour, Potato Starch, Onion, Carrot, Peas, Tomato Powder, Black Pepper, Parsley, Turmeric, Salt), Garlic, Ground Black Pepper, Parsley, Cumin, Coriander, Basil	Gluten free Cauliflower and broccoli Tots with grated carrots and potatoes  Ingredients:, Potatoes, Gluten Free Cauliflower And Broccoli Tots (Broccoli, Cauliflower, Potatoes, Vegetable Oils, Corn Starch, Potato Flakes, Pea Flour, Onion, Tomato, Garlic, Salt), Carrots, Rosemary, Garlic, Ground Black Pepper, Parsley, Rosemary	Paprika chickpea rice salad GF  Ingredients:, Basmati Rice, Chick Peas, Cucumber, Lettuce, Sweetcorn, Carrots, Tumeric, Basil, Parsley, Ground Black Pepper, Garlic, Gluten Free Low Salt Vegetable Stock (Cornflour, Potato Starch, Onion, Carrot, Peas, Tomato Powder, Black Pepper, Parsley, Turmeric, Salt)	Gluten free fish fingers with baked beans and potatoes  Baked Beans In Tomato Sauce, Gluten Free Fish Fingers (Contains Fish), Potatoes
	Dessert	Fresh fruit Ingredients:, Fresh Fruit	Gluten & soya free Vegan cake  Ingredients:, Gluten Free Flour, Apple, Peach, Pear, Dairy Free Margarine, Pinch Of Brown Sugar, Gluten Free Baking Powder, Bicarbonate Of Soda, Cinnamon	Fruit compote  Ingredients:, Apple, Peach, Pear, Pinch Of Brown Sugar, Vanilla Flavouring, Cinnamon	Fresh fruit Ingredients:, Fresh Fruit	Gluten & soya free Vegan cake  Ingredients:, Gluten Free Flour, Apple, Peach, Pear, Dairy Free Margarine, Pinch Of Brown Sugar, Gluten Free Baking Powder, Bicarbonate Of Soda, Cinnamon

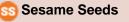
## **Allergens Key**





S Soy Beans







Mollusc





S Sulphur Dioxide













