

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	<p>Green lentils and seasonal mixed vegetables with potatoes</p> <p>Green Lentils, Mixed Vegetables Carrots, Green Beans, Broad Beans, Garden Peas, Sweetcorn, Potatoes</p>	<p>Butter beans and peppers with basmati rice</p> <p>Basmati Rice, Butter Beans, Peppers</p>	<p>Chick peas with apricots and courgettes with couscous</p> <p>Apricot Sulphur Dioxide, Chick Peas, Courgettes, Cous Cous (Durum Wheat Semolina - Contains Gluten)</p> <p>G SD</p>	<p>Butter beans with mushrooms and potatoes</p> <p>Butter Beans, Mushrooms, Potatoes</p>	<p>Red lentils with tomatoes and pasta</p> <p>Pasta (Durum Wheat Semolina - Contains Gluten), Red Lentils, Tomatoes</p> <p>G</p>
Dessert	<p>Fresh fruit</p> <p>Ingredients:, Fresh Fruit</p>	<p>Fresh fruit</p> <p>Ingredients:, Fresh Fruit</p>	<p>Fresh fruit</p> <p>Ingredients:, Fresh Fruit</p>	<p>Fresh fruit</p> <p>Ingredients:, Fresh Fruit</p>	<p>Fresh fruit</p> <p>Ingredients:, Fresh Fruit</p>

Allergens Key

- D** Dairy

E Eggs

SB Soy Beans

M Mustard

L Lupin

C Crustaceans

P Peanuts
- G** Gluten

F Fish

N Nuts

SS Sesame Seeds

M Mollusc

C Celery

SD Sulphur Dioxide