

















| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------|--|---|--|--|--|
| Main | Green lentils and mixed vegetables with potatoes | Red lentils and peppers with basmati rice | Cannellini beans and aubergine with potatoes | Butter beans and root vegetables with mash potatoes | Red lentils and carrots with egg free noodles |
| | Green Lentils, Mixed Vegetable, Potatoes | Basmati Rice, Mixed Peppers, Red Lentils | Aubergine, Cannellini Beans, Potatoes | Butter Beans, Carrots, Celery, Onion, Potatoes, Swedes, Turnips  | Baby Carrots, Egg Free Noodles (Contains Gluten), Red Lentils  |
| Dessert | Fresh fruit | Fresh fruit | Fresh fruit | Fresh fruit | Fresh fruit |
| | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit |

Allergens Key

-  Dairy
-  Eggs
-  Soy Beans
-  Mustard
-  Lupin
-  Crustaceans
-  Peanuts
-  Gluten
-  Fish
-  Nuts
-  Sesame Seeds
-  Mollusc
-  Celery
-  Sulphur Dioxide