

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	<p>Red lentils and courgette with couscous</p> <p>Courgettes, Cous Cous (Contains Gluten), Red Lentils</p> <p><b>G</b></p>	<p>100% Cod fillet fish cakes with baked beans served with potato wedges</p> <p>Baked Beans In Tomato Sauce, Dried Potato, Haricot Beans, Minced White Fish, Paprika, Parsley, Potato Wedges, Salt, Sugar, Sunflower Oil, Tomatoes, Turmeric, Wheat Flour (Contains Gluten)</p> <p><b>G F</b></p>	<p>Lentils and sweetcorn with fusilli pasta</p> <p>Egg Free Fusilli (Contains Gluten), Lentils, Sweetcorn</p> <p><b>G</b></p>	<p>Butter beans and carrots with basmati rice</p> <p>Basmati Rice, Butter Beans, Carrots</p>	<p>Mixed beans and peppers with potatoes</p> <p>Butter Beans, Cannellini Beans, Mixed Peppers, Potatoes</p>
<b>Dessert</b>	<p>Fresh fruit</p> <p>Fresh Fruit</p>	<p>Fresh fruit</p> <p>Fresh Fruit</p>	<p>Fresh fruit</p> <p>Fresh Fruit</p>	<p>Fresh fruit</p> <p>Fresh Fruit</p>	<p>Fresh fruit</p> <p>Fresh Fruit</p>

### Allergens Key

- D** Dairy
- E** Eggs
- SB** Soy Beans
- M** Mustard
- L** Lupin
- C** Crustaceans
- P** Peanuts
- G** Gluten
- F** Fish
- N** Nuts
- SS** Sesame Seeds
- M** Mollusc
- C** Celery
- SD** Sulphur Dioxide