

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	<p>Pollack fish and mixed vegetables with potatoes</p> <p>Alaska Pollack (Contains Fish), Mixed Vegetable, Potatoes</p> <p>F</p>	<p>Chicken breast and peppers with basmati rice</p> <p>Basmati Rice, Chicken Breast, Mixed Peppers</p>	<p>Cannellini beans and aubergine with potatoes</p> <p>Aubergine, Cannellini Beans, Potatoes</p>	<p>Beef pieces and root vegetables with mash potatoes</p> <p>Beef Diced, Carrot, Celery, Onion, Potatoes, Swedes, Turnips</p> <p>C</p>	<p>Red lentils and carrots with egg free noodles</p> <p>Baby Carrots, Egg Free Noodles (Contains Gluten), Red Lentils</p> <p>G</p>
Dessert	<p>Fresh fruit</p> <p>Fresh Fruit</p>	<p>Fresh fruit</p> <p>Fresh Fruit</p>	<p>Fresh fruit</p> <p>Fresh Fruit</p>	<p>Fresh fruit</p> <p>Fresh Fruit</p>	<p>Fresh fruit</p> <p>Fresh Fruit</p>

Allergens Key

- D** Dairy
- E** Eggs
- SB** Soy Beans
- M** Mustard
- L** Lupin
- C** Crustaceans
- P** Peanuts
- G** Gluten
- F** Fish
- N** Nuts
- SS** Sesame Seeds
- M** Mollusc
- C** Celery
- SD** Sulphur Dioxide