

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Red lentils and courgette with couscous	Chicken breast and garden peas with egg free noodles	Pollack fillet and sweetcorn with fusilli pasta	Chicken breast and carrots with basmati rice	Beef mince and peppers with potatoes
	Courgettes, Cous Cous (Contains Gluten), Red Lentils G	Chicken Breast, Egg Free Noodles (Contains Gluten), Garden Peas G	Alaska Pollack (Contains Fish), Egg Free Fusilli (Contains Gluten), Sweetcorn G F	Basmati Rice, Carrot, Chicken Breast	Beef Mince, Mixed Peppers, Potato
Dessert	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

Allergens Key

- D** Dairy
- E** Eggs
- SB** Soy Beans
- M** Mustard
- L** Lupin
- C** Crustaceans
- P** Peanuts
- G** Gluten
- F** Fish
- N** Nuts
- SS** Sesame Seeds
- M** Mollusc
- C** Celery
- SD** Sulphur Dioxide