

## GB FB159 - Vegetarian Child Tea -Week 1

## Monday Tuesday Wednesday **Thursday Friday** Chickpea and cauliflower Lentil pasta salad Gluten free Cauliflower and Paprika chickpea and Main Jacket potatoes with Broccoli Tots with garlic sweetcorn and cheese couscous salad green beans with baby new bread and Tzatziki dip Ingredients:, Pasta (Durum potato salad **Wheat Semolina - Contains** Ingredients:, Jacket Ingredients:, Cous Cous Gluten), Mixed Peppers, (Durum Wheat Semolina -Potatoes, Sweetcorn, Grated Ingredients:, Garlic Bread Ingredients:, Potatoes, Chick Carrots, Sweetcorn, Onion, **Cheddar Cheese (Contains** Contains Gluten), Carrots, (Wheat Flour, Margarine, Peas, Green Beans, Olive Oil, Lentils, Olive Oil, Gluten Free Cauliflower, Sweetcorn, Chick Garlic, Salt, Parsley, Yeast), Milk) Paprika, Garlic, Ground Black Peas, Olive Oil, Parsley, Low Salt Vegetable Stock Gluten Free Cauliflower And Pepper, Parsley, Basil, Ground Black Pepper, Garlic, (Cornflour, Potato Starch, Broccoli Tots (Broccoli. Coriander, Cumin **(D)** Mixed Herbs - Dried, Onion, Carrot, Peas, Tomato Cauliflower, Potatoes. Powder, Black Pepper, Coriander, Cumin, Basil Vegetable Oils, Corn Starch, Parsley, Turmeric, Salt), Potato Flakes, Pea Flour, Paprika, Parsley, Mixed Herbs Onion, Tomato, Garlic, Salt), 0 - Dried, Basil, Coriander, **Natural Yoghurt (Contains** Cumin, Garlic, Ground Black Milk), Cucumber, Garlic, Pepper Ground Black Pepper, Dill, Parsley, Basil 0 G (D

## **Allergens Key**



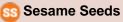
G Gluten



🕞 Fish









Mollusc

















## GB FB159 - Vegetarian Child Tea -Week 1

**Dessert** 

YUMYUM food company

Chocolate and pineapple cake

Fresh fruit

Lemon yoghurt

**(D)** 

Vanilla Rice Pudding

Apple and cherry cake

Ingredients:, Wheat Flour (With Calcium, Iron, Niacin, Thiamin), Soya Flour, Pineapple, Butter (Contains: Milk), Vegetable Oil, Egg, Pinch Of Sugar, Cinnamon, Cocoa Powder

Ingredients:, Fresh Fruit

Ingredients:, Natural Yoghurt (Contains Milk), Lemon, Pinch Of Sugar

Pudding Rice, Milk, Skimmed Milk Powder, Vanilla Flavouring, Pinch Of Sugar



Ingredients:, Wheat Flour (With Calcium, Iron, Niacin, Thiamin), Soya Flour, Apple, Cherry, Butter (Contains: Milk), Egg, Pinch Of Sugar, Cinnamon















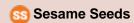


**G** Gluten



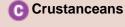








Mollusc













Fish



