

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	<p>Chick pea and lentil with couscous</p> <p>Chick Peas, Cous Cous (Durum Wheat Semolina - Contains Gluten), Lentils</p> <p>G</p>	<p>Lentils with tomato and rice</p> <p>Basmati Rice, Lentils, Tomatoes</p>	<p>Butter beans with carrots and potatoes</p> <p>Butter Beans, Carrots, Potatoes</p>	<p>Cannellini beans with sweetcorn and rice</p> <p>Basmati Rice, Cannellini Beans, Sweetcorn</p>	<p>Butter beans with peppers and egg free noodles</p> <p>Butter Beans, Egg Free Noodles (Wheat Flour (With Calcium Carbonate, Iron, Niacin, Thiamin), Salt, Paprika - Contains Gluten), Peppers</p> <p>G</p>
Dessert	<p>Fruit</p> <p>Ingredients:, Fresh Fruit</p>	<p>Fruit</p> <p>Ingredients:, Fresh Fruit</p>	<p>Fruit</p> <p>Ingredients:, Fresh Fruit</p>	<p>Fruit</p> <p>Ingredients:, Fresh Fruit</p>	<p>Fruit</p> <p>Ingredients:, Fresh Fruit</p>

Allergens Key

D Dairy	E Eggs	SB Soy Beans	M Mustard	L Lupin	C Crustaceans	P Peanuts
G Gluten	F Fish	N Nuts	SS Sesame Seeds	M Mollusc	C Celery	SD Sulphur Dioxide