

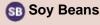
GB FB159 - Free From Dairy & Egg -Adult Tea - Vegetarian - Week 1

Monday Tuesday Wednesday **Thursday Friday** Chickpea and cauliflower Gluten free Cauliflower and Main Veggie burger with Lentil pasta salad Paprika chickpea and sweetcorn and Jacket couscous salad Broccoli Tots with garlic green beans with baby new potatoes Ingredients:, Pasta (Durum bread and mixed veggies potato salad Wheat Semolina - Contains Ingredients:, Cous Cous Gluten), Mixed Peppers, (Durum Wheat Semolina -Ingredients:, Jacket Ingredients:, Garlic Bread Ingredients:, Potatoes, Chick Contains Gluten), Carrots, Carrots, Sweetcorn, Onion, Potatoes, Vegetable Burger Wheat Flour, Margarine, Peas, Green Beans, Olive Oil, Lentils, Olive Oil, Gluten Free Cauliflower, Sweetcorn, Chick Garlic, Salt, Parsley, Yeast, Paprika, Garlic, Ground Black (Wheat Flour, Carrot, Peas, Peas, Parsley, Ground Black Low Salt Vegetable Stock Sweetcorn, Onion, Pepper, Mixed Vegetables Carrots. Pepper, Parsley, Basil, Pepper, Garlic, Mixed Herbs -(Cornflour, Potato Starch, Green Beans, Broad Beans, Coriander, Cumin Vegetable Oil, Potato, Dried, Coriander, Cumin, Onion, Carrot, Peas, Tomato Beans, Leek, Cauliflower, Garden Peas. Sweetcorn. Basil Powder, Black Pepper, Garlic, Tomato, Parsley, Gluten Free Cauliflower And Parsley, Turmeric, Salt), Sage, White Pepper, Black Broccoli Tots (Broccoli, Paprika, Parsley, Mixed Herbs Pepper), Sweetcorn 0 Cauliflower, Potatoes. - Dried, Basil, Coriander, Vegetable Oils, Corn Starch, Cumin, Garlic, Ground Black Potato Flakes, Pea Flour, 0 Pepper Onion, Tomato, Garlic, Salt), Garlic, Paprika, Ground Black 0 Pepper, Rosemary 0

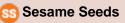
Allergens Key













Mollusc





Dioxide















Created by The Yum Yum Food Company London

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Dessert

Vegan, soya free cake

Ingredients:, Wheat Flour (Contains Gluten), Apple, Peach, Pear, Dairy Free Margarine, Pinch Of Brown Sugar, Gluten Free Baking Powder, Bicarbonate Of Soda, Cinnamon

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Fruit compote

Ingredients:, Apple, Peach, Pear, Pinch Of Brown Sugar, Vanilla Flavouring, Cinnamon Fruit compote

Ingredients:, Apple, Peach, Pear, Pinch Of Brown Sugar, Vanilla Flavouring, Cinnamon

Dairy Free Vanilla Rice **Pudding**

Pudding Rice, Coconut Milk (Coconut Extract, Guar Gum, Xanthan Gum), Vanilla Flavouring, Pinch Of Sugar

Vegan, soya free cake

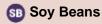
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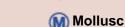








Sesame Seeds



Lupin

