

GB FB159 - Free From Dairy & Soya & Egg - Adult Tea - Vegetarian - Week 1

Monday Tuesday Wednesday **Thursday Friday** Chickpea and cauliflower Lentil pasta salad Gluten free Cauliflower and Main Jacket potatoes with Paprika chickpea and sweetcorn and gluten free couscous salad Broccoli Tots with garlic green beans with baby new Cauliflower and Broccoli Ingredients:, Pasta (Durum bread and cucumber sticks potato salad **Wheat Semolina - Contains** DF Tots Ingredients:, Cous Cous Gluten), Mixed Peppers, (Durum Wheat Semolina -Ingredients:, Potatoes, Chick Carrots, Sweetcorn, Onion, Contains Gluten), Carrots, Peas, Green Beans, Olive Oil, Ingredients:, Jacket Ingredients:, Garlic Bread Lentils, Olive Oil, Gluten Free Cauliflower, Sweetcorn, Chick Paprika, Garlic, Ground Black Potatoes, Sweetcorn, Gluten Wheat Flour, Margarine, Peas, Parsley, Ground Black Low Salt Vegetable Stock Pepper, Parsley, Basil, Free Cauliflower And Broccoli Garlic, Salt, Parsley, Yeast, Pepper, Garlic, Mixed Herbs -(Cornflour, Potato Starch, Coriander, Cumin Tots (Broccoli, Cauliflower, Gluten Free Cauliflower And Dried, Coriander, Cumin, Onion, Carrot, Peas, Tomato Broccoli Tots (Broccoli, Potatoes, Vegetable Oils, Powder, Black Pepper, Basil Corn Starch, Potato Flakes, Cauliflower, Potatoes. Parsley, Turmeric, Salt), Pea Flour, Onion, Tomato, Vegetable Oils, Corn Starch, Paprika, Parsley, Mixed Herbs Garlic, Salt) 0 Potato Flakes. Pea Flour. - Dried, Basil, Coriander, Onion, Tomato, Garlic, Salt), Cumin, Garlic, Ground Black Cucumber, Garlic, Cumin, Pepper Coriander, Paprika, Ground Black Pepper, Dill, Parsley, 0 Basil 0

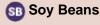
Allergens Key



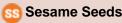
G Gluten



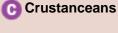
🕞 Fish





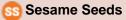




















The Yum Yum Food Company London Created by The Yum Yum Food Company London

GB FB159 - Free From Dairy & Soya & Egg - Adult Tea - Vegetarian - Week 1

Dessert

Vegan, soya free cake

Fresh fruit

Fresh fruit

Dairy Free Vanilla Rice Pudding Vegan, soya free cake

Ingredients:, Wheat Flour (Contains Gluten), Apple, Peach, Pear, Dairy Free Margarine, Pinch Of Brown Sugar, Gluten Free Baking Powder, Bicarbonate Of Soda, Cinnamon

0

Ingredients:, Fresh Fruit

Ingredients:, Fresh Fruit

Pudding Rice, Coconut Milk (Coconut Extract, Guar Gum, Xanthan Gum), Vanilla Flavouring, Pinch Of Sugar Ingredients:, Wheat Flour (Contains Gluten), Apple, Peach, Pear, Dairy Free Margarine, Pinch Of Brown Sugar, Gluten Free Baking Powder, Bicarbonate Of Soda, Cinnamon

G

Allergens Key

(D) Dairy

Eggs

S Soy Beans

🚺 Mustard

Lupin

C Crustanceans

Peanuts

G Gluten



Nuts

Sesame Seeds





