

GB FB159 - Free From Gluten & Dairy & Soya & Egg - Child Lunch -

Tuesday Wednesday **Thursday Friday** Monday Creamy root vegetable Beef Chow Mein with peas Balti chicken with rice Chicken Pot Pie Tuna pasta bake with Main gratin with basmati rice and gluten free pasta sweetcorn Ingredients:, Basmati Rice, Ingredients:, Potatoes, Tomatoes, Onion, Spinach, Grated Carrots, Sweetcorn, Ingredients:, Basmati Rice, Ingredients:, Gluten Free Ingredients:, Gluten Free Chicken Breast, Sunflower Onion, Celery, Beans, Pasta (Cornflour, Rice Flour), Potato, Onion, Carrots, Pasta (Cornflour, Rice Flour), Oil, Ginger, Garam Masala, Chicken Breast, Lentils, Swedes, Celery, Turnips, Carrots, Garden Peas. Chopped Tomatoes, Tomato Korma Curry Paste, Tomato Tomato Paste, Sunflower Oil, Lentils, Sunflower Oil, Sweetcorn, Tomatoes, Onion, Paste, Carrots, Tuna Chunks Sunflower Oil. Plum Sauce. Purée, Coconut, Rapeseed Gluten Free Low Salt Mushrooms, Coconut Milk (Contains Fish), Sweetcorn, Beef Mince, Black Pepper, Oil, Cumin, Coriander, Garlic, Vegetable Stock (Cornflour, (Coconut Extract, Guar Gum, Onion, Grated Cheddar Xanthan Gum), Vinegar, Garlic Ginger, Turmeric, Xanthan Potato Starch, Onion, Carrot, Cheese (Contains Milk), Gum, Cardamom, Curry Peas, Tomato Powder, Black Gluten Free Low Salt Sunflower Oil, Balsamic Powder (Contains Mustard), Pepper, Parsley, Turmeric, Vegetable Stock (Cornflour, Vinegar (Red Wine Vinegar, Salt), Garlic, Cumin, Black Potato Starch, Onion, Carrot, Turmeric Grape Must, Caramel, Pepper Peas, Tomato Powder, Black Sulphite), Gluten Free Low Pepper, Parsley, Turmeric, Salt Vegetable Stock Salt), Gluten Free Flour, Bay (C) (Cornflour, Potato Starch, Leaves, Garlic, Parsley, Onion, Carrot, Peas, Tomato Powder, Black Pepper, Mixed Herbs - Dried, Turmeric Parsley, Turmeric, Salt), Garlic, Italian Seasoning (C) **(3)** €

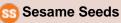
Allergens Key









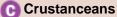




Mollusc









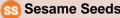












The Yum Yum Food Company London **Created by The Yum Yum Food Company** London

GB FB159 - Free From Gluten & Dairy & Soya & Egg - Child Lunch -

2/2

Dessert

Fruit compote

Ingredients:, Apple, Peach,

Pear, Pinch Of Brown Sugar,

Vanilla Flavouring, Cinnamon

Gluten & soya free Vegan cake

Flour, Apple, Peach, Pear,

Dairy Free Margarine, Pinch

Of Brown Sugar, Gluten Free

Baking Powder, Bicarbonate

Apple and lemon compote

Fruit composendard - Willen & soya free Vegan

Ingredients:, Gluten Free

Of Soda, Cinnamon

Ingredients:, Apple, Lemon, Vanilla, Cinnamon

Ingredients:, Apple, Peach, Pear, Pinch Of Brown Sugar, Vanilla Flavouring, Cinnamon

Ingredients:, Gluten Free Flour, Apple, Peach, Pear, Dairy Free Margarine, Pinch Of Brown Sugar, Gluten Free Baking Powder, Bicarbonate Of Soda, Cinnamon

Allergens Key

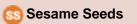


G Gluten











Mollusc















