

## GB FB159 - Vegetarian Child Tea -Week 1

## **Monday** Tuesday Wednesday **Thursday Friday** Chickpea and cauliflower Gluten free Cauliflower and Main Veggie burger with Lentil pasta salad Paprika chickpea and Broccoli Tots with garlic sweetcorn and Jacket couscous salad green beans with baby new potatoes Ingredients:, Pasta (Durum bread and mixed veggies potato salad Wheat Semolina - Contains Ingredients:, Cous Cous Gluten), Mixed Peppers, (Durum Wheat Semolina -Ingredients:, Jacket Ingredients:, Garlic Bread Ingredients:, Potatoes, Chick Contains Gluten), Carrots, Carrots, Sweetcorn, Onion, Potatoes, Vegetable Burger Wheat Flour, Margarine, Peas, Green Beans, Olive Oil, Lentils, Olive Oil, Gluten Free Cauliflower, Sweetcorn, Chick Garlic, Salt, Parsley, Yeast, Paprika, Garlic, Ground Black (Wheat Flour, Carrot, Peas, Peas, Parsley, Ground Black Low Salt Vegetable Stock Sweetcorn, Onion, Pepper, Mixed Vegetables Carrots, Pepper, Parsley, Basil, Pepper, Garlic, Mixed Herbs -(Cornflour, Potato Starch, Green Beans, Broad Beans, Coriander, Cumin Vegetable Oil, Potato, Dried, Coriander, Cumin, Onion, Carrot, Peas, Tomato Beans, Leek, Cauliflower, Garden Peas. Sweetcorn. Basil Powder, Black Pepper, Garlic, Tomato, Parsley, Gluten Free Cauliflower And Parsley, Turmeric, Salt), Sage, White Pepper, Black Broccoli Tots (Broccoli, Paprika, Parsley, Mixed Herbs Pepper), Sweetcorn 0 Cauliflower, Potatoes, - Dried, Basil, Coriander, Vegetable Oils, Corn Starch, Cumin, Garlic, Ground Black Potato Flakes, Pea Flour, 0 Pepper Onion, Tomato, Garlic, Salt), Garlic, Paprika, Ground Black 0 Pepper, Rosemary 0

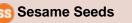
## **Allergens Key**



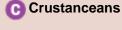










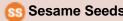




















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**Dessert** 

Chocolate and pineapple cake

Ingredients:, Wheat Flour (Contains Gluten), Soya Flour, Pineapple, Butter (Contains: Milk), Vegetable Oil, Egg, Pinch Of Sugar, Cinnamon, Cocoa Powder









Fruit compote

Ingredients:, Apple, Peach, Pear, Pinch Of Brown Sugar, Vanilla Flavouring, Cinnamon Lemon yoghurt

Ingredients:, Natural Yoghurt (Contains Milk), Lemon, Pinch Of Sugar



Vanilla Rice Pudding

Pudding Rice, Milk, Skimmed Milk Powder, Vanilla Flavouring, Pinch Of Sugar



Apple and cherry cake

Ingredients:, Wheat Flour (Contains Gluten), Soya Flour, Apple, Cherry, Butter (Contains: Milk), Egg, Pinch Of Sugar, Cinnamon







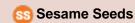
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