

Free From Gluten & Dairy & Soya & Egg - Adult Lunch - Vegetarian -

Tuesday Wednesday **Thursday Friday** Monday Italian lentil ragu served Green lentils with broccoli Tikka masala with beans Creamy vegetable stew Main Vegetarian pasta bake with with butter beans, mixed with basmati rice and pea pesto and gluten sweetcorn and chickpeas served with basmati rice free pasta peppers and mushroom Basmati Rice, Carrots, Ingredients:, Gluten Free Ingredients:, Basmati Rice, served with roasted Pasta (Cornflour, Rice Flour), Chopped Tomatoes, Garlic, Chopped Tomatoes, Carrots, Broccoli, Garlic, Gluten Free potatoes Gluten Free Low Salt Chopped Tomatoes, Tomato Beans, Onion, Coconut Milk Pasta (Cornflour, Rice Flour), Vegetable Stock (Cornflour, Paste, Carrots, Chick Peas, (Coconut Extract, Guar Gum, Green Lentils, Ground Black Balsamic Vinegar (Red Potato Starch, Onion, Carrot, Sweetcorn, Onion, Sunflower Xanthan Gum), Sunflower Oil, Pepper, Onion, Parsley, Salt, Wine Vinegar, Grape Must, Peas, Tomato Powder, Black Sunflower Oil. Turmeric Oil, Balsamic Vinegar (Red Korma Curry Paste, Tomato Caramel, Sulphite), Butter Pepper, Parsley, Turmeric, Wine Vinegar, Grape Must, Purée, Coconut, Rapeseed Beans, Carrots, Coconut Milk Salt), Green Peppers, Ground Caramel, Sulphite), Gluten Oil, Cumin, Coriander, Garlic, (Coconut Extract, Guar Gum, Black Pepper, Olive Oil, Free Low Salt Vegetable Ginger, Turmeric, Xanthan Xanthan Gum), Garlic, Gluten Onion, Oregano, Red Lentils, Stock (Cornflour, Potato Gum, Cardamom, Mango Free Low Salt Vegetable Red Peppers, Thyme, Tomato Starch, Onion, Carrot, Peas, Chutney, Mango, Sugar, Stock (Cornflour, Potato Puree, Yellow Peppers Tomato Powder, Black Vinegar, Salt, Chilli Powder, Starch, Onion, Carrot, Peas, Pepper, Parsley, Turmeric, Ginger Powder, Garlic Tomato Powder, Black Powder, Turmeric Powder, Salt), Garlic, Italian Seasoning Pepper, Parsley, Turmeric, Gluten Free Low Salt Salt), Mixed Peppers, Onion, Vegetable Stock (Cornflour, ூ Paprika, Potatoes, Sunflower Potato Starch, Onion, Carrot, Oil, Tomato Puree Peas, Tomato Powder, Black Pepper, Parsley, Turmeric, Salt), Coriander, Garam Masala, Garlic, Ginger

Allergens Key









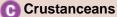






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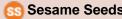












The Yum Yum Food Company London **Created by The Yum Yum Food Company** London

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Dessert

Gluten & soya free Vegan cake

Fresh fruit

Ingredients:, Fresh Fruit

Gluten & soya free Vegan cake

Fresh fruit

Veinhamon and vanilla forest fruit compote

Ingredients:, Gluten Free Flour, Apple, Peach, Pear, Dairy Free Margarine, Pinch

Of Brown Sugar, Gluten Free

Baking Powder, Bicarbonate

Of Soda, Cinnamon

Ingredients:, Gluten Free Flour, Apple, Peach, Pear, Dairy Free Margarine, Pinch Of Brown Sugar, Gluten Free Baking Powder, Bicarbonate Of Soda, Cinnamon

Ingredients:, Seasonal Fresh Fruit Pieces

Ingredients:, Apple, Peach, Pear, Blackberries, Blackcurrants, Raspberries, Redcurrants. Strawberries. Pinch Of Brown Sugar, Vanilla Flavouring, Cinnamon

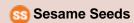
Allergens Key

















Dioxide











