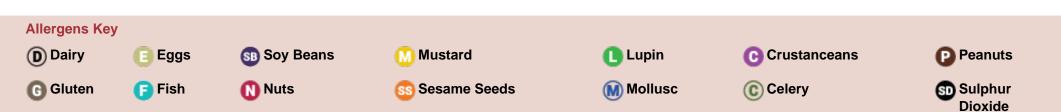


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GB FB159 - Free from Soya - Adult Lunch - Week 2

	eet and sour Asian Tuna	
and parsley rice sauce and mash chicke	cken with noodles mayo	na pasta salad with yo
Ingredients:, Basmati Rice, Ratatouille (Courgette, Tomatoes, Green Pepper, Aubergine), Carrots, ChoppedIngredients:, Potatoes, 	odles (Wheat Flour (With Wheat cium Carbonate, Iron, Glute, cin, Thiamin), Salt, (Rape orika - Contains Gluten), Vinego bage, Carrots, Onion, Thick shrooms, Plum Sauce, Sweet ve Oil, Gluten Free Flour, Yogh flic Tuna Fish)	redients:, Pasta (Durum teat Semolina - Contains ten), Mayonnaise speseed Oil, Water, tegar, Egg, Sugar, Salt, tekener (Xanthan Gum), eetcorn, Peppers, Natural ghurt (Contains Milk), na Chunks (Contains h), Lemon Juice, Olive Oil, rsley, Garlic, Dill, Black oper





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Dessert	Vegan, soya free cake	Vegan, soya free cake	Fresh melon slices	Peach Krispie Bite	Strawberry yoghurt	
	Ingredients:, Wheat Flour (With Calcium, Iron, Niacin, Thiamin), Apple, Peach, Pear, Dairy Free Margarine, Pinch Of Brown Sugar, Gluten	Ingredients:, Wheat Flour (With Calcium, Iron, Niacin, Thiamin), Apple, Peach, Pear, Dairy Free Margarine, Pinch Of Brown Sugar, Gluten	Ingredients: , Honeydew Melon	Ingredients:, Oat Flakes (Contains Oat & Gluten), Rice Krispies (Rice, Sugar, Barley Extract, Salt), Peach, Dairy Free Margarine, Golden	Ingredients:, Natural Yoghurt (Contains Milk), Strawberry Puree, Pinch Of Sugar	
	Free Baking Powder, Bicarbonate Of Soda, Cinnamon	Free Baking Powder, Bicarbonate Of Soda, Cinnamon		Syrup	0	
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