

## GB FB159 - Free from Soya - Child Lunch - Week 2

## **Monday** Tuesday Wednesday **Thursday Friday** Ratatouille with chickpeas Hoisin Chicken with rice Sweet and sour Asian Tuna pasta salad with Main Hungarian beef paprika chicken with noodles and parsley rice sauce and mash mayo Ingredients:, Basmati Rice, Chopped Tomatoes, Plum Ingredients:, Basmati Rice, Ingredients:, Potatoes, Ingredients:, Egg Free Ingredients:, Pasta (Durum Sauce, Onion, Courgettes, Ratatouille (Courgette, Stewpack (Onion, Carrots, Noodles (Wheat Flour (With Wheat Semolina - Contains Garden Peas, Chicken Tomatoes, Green Pepper, Turnip, Swede, Celery), Calcium Carbonate, Iron, Gluten), Mayonnaise Breast, Olive Oil Red Pepper, Onion, Carrots, Onion, Beef Mince, Niacin, Thiamin), Salt, (Rapeseed Oil, Water, Aubergine), Carrots, Chopped Paprika - Contains Gluten), Single Cream (Contains Vinegar, Egg, Sugar, Salt, Cabbage, Carrots, Onion, Tomatoes, Chick Peas, Milk), Butter (Contains: Thickener (Xanthan Gum), Tomato Puree, Onion, Olive Milk), Tomato Puree, Olive Mushrooms, Plum Sauce, Sweetcorn, Peppers, Natural Oil, Basil, Parsley, Thyme, Oil, Gluten Free Low Salt Olive Oil, Gluten Free Flour, Yoghurt (Contains Milk), Ground Black Pepper, Garlic Vegetable Stock (Cornflour, Garlic **Tuna Chunks (Contains** Potato Starch, Onion, Carrot, Fish), Lemon Juice, Olive Oil, Peas, Tomato Powder, Black Parsley, Garlic, Dill, Black G Pepper, Parsley, Turmeric, Pepper Salt), Smoked Paprika, Cumin, Bay Leaves, Garlic, G 📵 🔁 🛈 🚺 Ground Black Pepper (D)(C)

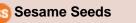
## **Allergens Key**







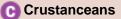






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## **GB FB159 - Free from Soya - Child** Lunch - Week 2

Dessert

Vegan, soya free cake

Ingredients:, Wheat Flour (With Calcium, Iron, Niacin, Thiamin), Apple, Peach, Pear, Dairy Free Margarine, Pinch Of Brown Sugar, Gluten Free Baking Powder, Bicarbonate Of Soda, Cinnamon

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Vegan, soya free cake

Ingredients:, Wheat Flour (With Calcium, Iron, Niacin, Thiamin), Apple, Peach, Pear, Dairy Free Margarine, Pinch Of Brown Sugar, Gluten Free Baking Powder, Bicarbonate Of Soda, Cinnamon



Fresh melon slices

Ingredients:, Honeydew Melon

Peach Krispie Bite

Ingredients:, Oat Flakes (Contains Oat & Gluten), Rice Krispies (Rice, Sugar, Barley Extract, Salt), Peach, Dairy Free Margarine, Golden Syrup

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Fresh fruit

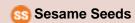
Ingredients:, Fresh Fruit

**Allergens Key** 











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**G** Gluten



