

Monday Tuesday Wednesday **Thursday Friday** Chicken tikka masala Main Italian lentil ragu served Roast chicken bites with a Tuna pasta bake with Creamy beef stew with with basmati rice broccoli and pea pesto sweetcorn served with basmati rice mixed peppers and Served with egg free mushroom, served with Basmati Rice, Carrots, noodles Ingredients:, Basmati Rice, roasted potatoes Ingredients:, Egg Free Fusilli (Durum Wheat Chopped Tomatoes, Garlic, Chopped Tomatoes, Carrots, Gluten Free Low Salt Semolina - Contains Chicken Breast, Onion. Broccoli, Chicken Breast, Egg Balsamic Vinegar (Red Vegetable Stock (Cornflour, Gluten), Chopped Tomatoes, Single Cream (Contains Free Noodles (Wheat Flour Wine Vinegar, Grape Must, Potato Starch, Onion, Carrot, Milk), Sunflower Oil, Korma Tomato Paste, Carrots, **Tuna** (With Calcium Carbonate, Caramel, Sulphite), Carrots, Peas, Tomato Powder, Black Chunks (Contains Fish), Curry Paste, Tomato Purée, Iron, Niacin, Thiamin), Salt, Diced Beef, Garlic, Gluten Pepper, Parsley, Turmeric, Sweetcorn, Onion, Grated Coconut, Rapeseed Oil, Paprika - Contains Gluten), Free Low Salt Vegetable Salt), Green Peppers, Ground **Cheddar Cheese (Contains** Cumin, Coriander, Garlic, Garden Peas, Garlic, Ground Stock (Cornflour, Potato Black Pepper, Olive Oil, Milk), Sunflower Oil, Ginger, Turmeric, Xanthan Black Pepper, Onion, Parsley, Starch, Onion, Carrot, Peas, Onion, Oregano, Red Lentils, **Balsamic Vinegar (Red** Gum, Cardamom, Mango Tomato Powder, Black Salt, Sunflower Oil Red Peppers, Thyme, Tomato Wine Vinegar, Grape Must, Chutney, Mango, Sugar, Pepper, Parsley, Turmeric, Puree, Yellow Peppers Caramel, Sulphite), Gluten Vinegar, Salt, Chilli Powder, Salt), Mixed Peppers, Onion, 0 Ginger Powder, Garlic Free Low Salt Vegetable Paprika, Potatoes, Single Stock (Cornflour, Potato Powder, Turmeric Powder, Cream (Contains Milk), Gluten Free Low Salt Starch, Onion, Carrot, Peas, Sunflower Oil, Tomato Puree Vegetable Stock (Cornflour, Tomato Powder, Black Pepper, Parsley, Turmeric, Potato Starch, Onion, Carrot, **(D**) Peas, Tomato Powder, Black Salt), Garlic, Italian Seasoning Pepper, Parsley, Turmeric, Salt), Coriander, Garam G (3 (D) SD Masala, Garlic, Ginger **(D)**

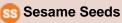
Allergens Key





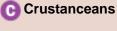






























Dessert

Orange and chocolate cake

Ingredients:, Wheat Flour (Contains Gluten), Soya Flour, Oranges, Butter (Contains: Milk), Vegetable Oil, Egg, Dark Chocolate Chips, Pinch Of Sugar









Fruit yoghurt

Ingredients:, Natural Yoghurt (Contains Milk), Fruit Pureed, Pinch Of Sugar



Apple and raisin flapjacks

Apple, Pinch Of Brown Sugar, Dairy Free Margarine, Golden Syrup, Porridge Oats (Contains Oat & Gluten)



Fresh fruit

Ingredients:, Seasonal Fresh Fruit Pieces

Cinnamon and vanilla forest fruit compote

Ingredients:, Apple, Peach, Pear, Blackberries, Blackcurrants, Raspberries, Redcurrants, Strawberries, Pinch Of Brown Sugar, Vanilla Flavouring, Cinnamon

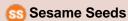
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