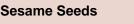|	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Jacket potatoes with sweetcorn and cheese **Ingredients:**, Jacket Potatoes, Sweetcorn, **Grated Cheddar Cheese (Contains Milk)** (D)	Chickpea and cauliflower rice salad **Ingredients:**, Basmati Rice, Carrots, Cauliflower, Sweetcorn, Chick Peas, Olive Oil, Parsley, Ground Black Pepper, Garlic, Mixed Herbs - Dried, Coriander, Cumin, Basil	Lentil pasta salad **Ingredients:**, Gluten Free Pasta (Cornflour, Rice Flour), Mixed Peppers, Carrots, Sweetcorn, Onion, Lentils, Olive Oil, Gluten Free Low Salt Vegetable Stock (Cornflour, Potato Starch, Onion, Carrot, Peas, Tomato Powder, Black Pepper, Parsley, Turmeric, Salt), Paprika, Parsley, Mixed Herbs - Dried, Basil, Coriander, Cumin, Garlic, Ground Black Pepper	Gluten free Cauliflower and Broccoli Tots with potatoes and Tzatziki dip Potatoes, Gluten Free Cauliflower And Broccoli Tots (Broccoli, Cauliflower, Potatoes, Vegetable Oils, Corn Starch, Potato Flakes, Pea Flour, Onion, Tomato, Garlic, Salt), **Natural Yoghurt (Contains Milk)**, Cucumber, Olive Oil, Garlic, Ground Black Pepper, Dill, Parsley, Basil (D)	Paprika chickpea and green beans with baby new potato salad **Ingredients:**, Potatoes, Chick Peas, Green Beans, Olive Oil, Paprika, Garlic, Ground Black Pepper, Parsley, Basil, Coriander, Cumin
Dessert	Gluten & soya free Vegan cake **Ingredients:**, Gluten Free Flour, Apple, Peach, Pear, Dairy Free Margarine, Pinch Of Brown Sugar, Gluten Free Baking Powder, Bicarbonate Of Soda, Cinnamon	Fresh fruit **Ingredients:**, Fresh Fruit	Fresh fruit **Ingredients:**, Fresh Fruit	Vanilla Rice Pudding Pudding Rice, **Milk**, Skimmed Milk Powder, Vanilla Flavouring, Pinch Of Sugar (D)	Gluten & soya free Vegan cake **Ingredients:**, Gluten Free Flour, Apple, Peach, Pear, Dairy Free Margarine, Pinch Of Brown Sugar, Gluten Free Baking Powder, Bicarbonate Of Soda, Cinnamon

Allergens Key

(D) Dairy	(E) Eggs	(SB) Soy Beans	(M) Mustard	(L) Lupin	(C) Crustanceans	(P) Peanuts
(G) Gluten	(F) Fish	(N) Nuts	(SS) Sesame Seeds	(M) Mollusc	(C) Celery	(SD) Sulphur Dioxide