

Tuesday Wednesday **Thursday Friday** Monday Roasted vegetable pasta Beef cottage pie with Main Cod fish fingers with Roast chicken chunks with Chicken curry with carrots garden peas served with bake a sweet carrot sauce potatoes Served with basmati rice sautéed potatoes garden peas served with Chopped Tomatoes, egg free noodles Baked Beans In Tomato Apple, Basmati Rice, Carrots, Chicken Breast, Coconut Milk Courgettes, Diced Carrots, Sauce, Beef Mince, Carrots, **Cod Fillet Fish Fingers** Chopped Tomatoes, Gluten (Coconut Extract, Guar Gum. Egg Free Fusilli (Durum (Whitefish, Wheat Flour, Basil, Carrots, Chicken Wheat Semolina - Contains Free Flour, Gluten Free Low Xanthan Gum), Garden Peas, Vegetable Oil, Yeast, Salt, Breast, Chopped Tomatoes, Salt Vegetable Stock Garlic, Gluten Free Low Salt Gluten), Garlic Puree, Gluten Paprika, Curcumin, Egg Free Noodles (Wheat Turmeric), Garden Peas, Free Low Salt Vegetable (Cornflour, Potato Starch, Vegetable Stock (Cornflour, Flour (With Calcium Stock (Cornflour, Potato Onion, Carrot, Peas, Tomato Potato Starch, Onion, Carrot, Sauteed Potatoes Carbonate, Iron, Niacin, Starch, Onion, Carrot, Peas, Powder, Black Pepper, Peas, Tomato Powder, Black Thiamin), Salt, Paprika -Tomato Powder, Black Parsley, Turmeric, Salt), Pepper, Parsley, Turmeric, Contains Gluten), Garden G 🖯 Pepper, Parsley, Turmeric, Green Lentils, Ground Black Salt), Ground Black Pepper, Peas, Gluten Free Low Salt Pepper, Mixed Beans, Mixed Korma Curry Paste, Tomato Salt), Grated Cheddar Vegetable Stock (Cornflour, Cheese (Contains Milk), Herbs - Dried, Mixed Peppers, Purée, Coconut, Rapeseed Potato Starch, Onion, Carrot, Oil, Cumin, Coriander, Garlic, Green Peppers, Onion, Red Onion, Salt, Sauteed Peas, Tomato Powder, Black Lentils, Red Peppers, Potatoes, Smoked Paprika, Ginger, Turmeric, Xanthan Pepper, Parsley, Turmeric, Sunflower Oil, Thyme, Gum, Cardamom, Mango Sweetcorn, Yellow Peppers Salt), Ground Black Pepper, Tomato Paste Chutney, Mango, Sugar, Onion, Salt, Spinach, Vinegar, Salt, Chilli Powder, **G D** Sunflower Oil Ginger Powder, Garlic Powder, Turmeric Powder, 0 Onion, Sunflower Oil, Sweetcorn, Tomato Puree

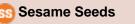
Allergens Key















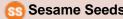
















Dessert

Fruit yoghurt

Ingredients:, Natural Yoghurt (Contains Milk), Fruit Pureed, Pinch Of Sugar



Pear and pineapple energy bites

Cocoa Powder, Maple Syrup, Oat Flakes (Contains Oat & Gluten), Orange Extract, Pear, Pineapple, Rice Krispies (Rice, Sugar, Barley Extract, Salt -**Contains Barley)**



Apple and cinnamon cake

Ingredients:, Wheat Flour (Contains Gluten), Soya Flour, Apple, Butter (Contains: Milk), Egg, Pinch Of Sugar, Cinnamon







Mixed fruit crumble

Ingredients:, Wheat Flour (Contains Gluten), **Breadcrumbs (Contains:** Gluten), Apple, Peach, Pear, Pinch Of Brown Sugar, Vanilla Flavouring, Cinnamon

0

Fresh fruit

Ingredients:, Fresh Fruit

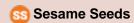
Allergens Key













Mollusc















