

GB FB159 - Halal Standard Child Lunch - Week 2

Monday Tuesday Wednesday **Thursday Friday** Ratatouille with chickpeas Hungarian beef paprika Hoisin Chicken with rice Sweet and sour Asian Lentil Red pesto with pasta Main chicken with noodles and parsley rice sauce and mash Ingredients:, Basmati Rice, Ingredients:, Pasta (Durum Wheat Semolina - Contains Chopped Tomatoes, Plum Ingredients:, Basmati Rice, Ingredients:, Potatoes, Ingredients:, Egg Free Sauce, Onion, Courgettes, Gluten), Chopped Tomatoes, Ratatouille (Courgette, Stewpack (Onion, Carrots, **Noodles (Wheat Flour (With** Garden Peas, Chicken Peppers, Sweetcorn, Onion, Tomatoes, Green Pepper, Turnip, Swede, Celery), Calcium Carbonate, Iron, Breast, Sunflower Oil, Sova Lentils, Sunflower Oil, Gluten Red Pepper, Onion, Carrots, Onion, Beef Mince, Niacin, Thiamin), Salt, Aubergine), Carrots, Chopped Single Cream (Contains Sauce (Soybeans, Salt, Paprika - Contains Gluten), Free Low Salt Vegetable **Spirit Vinegar - Contains** Tomatoes, Chick Peas, Milk), Butter (Contains: Cabbage, Carrots, Onion, Stock (Cornflour, Potato Tomato Puree, Onion, Milk), Tomato Puree, Soya) Mushrooms, Plum Sauce, Starch, Onion, Carrot, Peas, Tomato Powder, Black Sunflower Oil, Basil, Parsley, Sunflower Oil, Gluten Free Sunflower Oil, Gluten Free Pepper, Parsley, Turmeric, Thyme, Ground Black Pepper, Low Salt Vegetable Stock Flour, Soya Sauce SB Garlic (Cornflour, Potato Starch, (Soybeans, Salt, Spirit Salt), Garlic, Basil Onion, Carrot, Peas, Tomato Vinegar - Contains Soya), Powder, Black Pepper, Garlic 0 Parsley, Turmeric, Salt), Smoked Paprika, Cumin, Bay G SB Leaves, Garlic, Ground Black Pepper (D)(C)

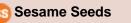
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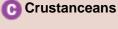






























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Dessert

Blackcurrant and apple cake

Ingredients:, Wheat Flour (Contains Gluten), Soya Flour, Apple, Blackcurrants, Butter (Contains: Milk), Egg, Pinch Of Sugar, Cinnamon







Vanilla Rice Pudding

Pudding Rice, Milk, Skimmed Milk Powder, Vanilla Flavouring, Pinch Of Sugar



Fresh melon slices

Ingredients:, Honeydew Melon

Peach Krispie Bite

Ingredients:, Oat Flakes (Contains Oat & Gluten), Rice Krispies (Rice, Sugar, Barley Extract, Salt), Peach, Dairy Free Margarine, Golden Syrup

Strawberry yoghurt

Natural Yoghurt (Contains Milk), Strawberry Puree, Pinch Of Sugar



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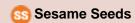
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