

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	<p>Bean and sweetcorn with potatoes</p> <p><b>Ingredients:</b>, Beans, Sweetcorn, Potatoes</p>	<p>Chickpea and carrots with couscous</p> <p><b>Ingredients:</b>, Chick Peas, Carrots, <b>Cous Cous (Durum Wheat Semolina - Contains Gluten)</b></p> <p><b>G</b></p>	<p>Lentil and tomatoes with pasta</p> <p><b>Ingredients:</b>, Lentils, Tomatoes, <b>Pasta (Durum Wheat Semolina - Contains Gluten)</b></p> <p><b>G</b></p>	<p>Bean and mixed veggies with potatoes</p> <p><b>Ingredients:</b>, Beans, Mixed Vegetables Carrots, Green Beans, Broad Beans, Garden Peas, Sweetcorn, Potatoes</p>	<p>Bean and spinach with potatoes</p> <p><b>Ingredients:</b>, Beans, Spinach, Potatoes</p>
<b>Dessert</b>	<p>Fresh fruit</p> <p><b>Ingredients:</b>, Fresh Fruit</p>	<p>Fresh fruit</p> <p><b>Ingredients:</b>, Fresh Fruit</p>	<p>Fresh fruit</p> <p><b>Ingredients:</b>, Fresh Fruit</p>	<p>Fresh fruit</p> <p><b>Ingredients:</b>, Fresh Fruit</p>	<p>Fresh fruit</p> <p><b>Ingredients:</b>, Fresh Fruit</p>

**Allergens Key**

<b>D</b> Dairy	<b>E</b> Eggs	<b>SB</b> Soy Beans	<b>M</b> Mustard	<b>L</b> Lupin	<b>C</b> Crustaceans	<b>P</b> Peanuts
<b>G</b> Gluten	<b>F</b> Fish	<b>N</b> Nuts	<b>SS</b> Sesame Seeds	<b>M</b> Mollusc	<b>C</b> Celery	<b>SD</b> Sulphur Dioxide