

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	<p>Bean and sweetcorn with potatoes</p> <p>Ingredients:, Beans, Sweetcorn, Potatoes</p>	<p>Chickpea and carrots with couscous</p> <p>Ingredients:, Chick Peas, Carrots, Cous Cous (Durum Wheat Semolina - Contains Gluten)</p> <p>G</p>	<p>Lentil and tomatoes with pasta</p> <p>Ingredients:, Lentils, Tomatoes, Pasta (Durum Wheat Semolina - Contains Gluten)</p> <p>G</p>	<p>Bean and mixed veggies with potatoes</p> <p>Ingredients:, Beans, Mixed Vegetables Carrots, Green Beans, Broad Beans, Garden Peas, Sweetcorn, Potatoes</p>	<p>Bean and spinach with potatoes</p> <p>Ingredients:, Beans, Spinach, Potatoes</p>
Dessert	<p>Fresh fruit</p> <p>Ingredients:, Fresh Fruit</p>	<p>Fresh fruit</p> <p>Ingredients:, Fresh Fruit</p>	<p>Fresh fruit</p> <p>Ingredients:, Fresh Fruit</p>	<p>Fresh fruit</p> <p>Ingredients:, Fresh Fruit</p>	<p>Fresh fruit</p> <p>Ingredients:, Fresh Fruit</p>

Allergens Key

- D** Dairy
- E** Eggs
- SB** Soy Beans
- M** Mustard
- L** Lupin
- C** Crustaceans
- P** Peanuts
- G** Gluten
- F** Fish
- N** Nuts
- SS** Sesame Seeds
- M** Mollusc
- C** Celery
- SD** Sulphur Dioxide