

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Chick peas and carrots with rice	Cannellini beans with mango and sweetcorn with couscous	Butter beans with tomatoes and potatoes	Red lentils with peppers and rice	Green lentils with carrots and pasta
	Basmati Rice, Carrots, Chick Peas	Cannellini Beans, Cous Cous (Durum Wheat Semolina - Contains Gluten) , Mango Puree, Sweetcorn	Butter Beans, Potatoes, Tomatoes	Basmati Rice, Peppers, Red Lentils	Carrots, Green Lentils, Pasta (Durum Wheat Semolina - Contains Gluten)
		G			G
Dessert	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
	Ingredients: , Fresh Fruit	Ingredients: , Fresh Fruit	Ingredients: , Fresh Fruit	Ingredients: , Fresh Fruit	Ingredients: , Fresh Fruit

Allergens Key

D Dairy	E Eggs	SB Soy Beans	M Mustard	L Lupin	C Crustaceans	P Peanuts
G Gluten	F Fish	N Nuts	SS Sesame Seeds	M Mollusc	C Celery	SD Sulphur Dioxide