

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Red lentils and garden peas with basmati rice	Butter beans and peppers with couscous	Green lentils and courgette with potatoes	Butter beans and carrots with basmati rice	Cannellini beans and cauliflower with egg free noodles
	Basmati Rice, Garden Peas, Red Lentils	Butter Beans, Cous Cous (Contains Gluten), Green Peppers, Red Peppers, Yellow Peppers	Courgettes, Green Lentils, Potatoes	Basmati Rice, Butter Beans, Carrots	Cannellini Beans, Cauliflower, Egg Free Noodles (Contains Gluten)
Dessert	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



Allergens Key



Dairy



Eggs



Soy Beans



Mustard



Lupin



Crustaceans



Peanuts



Gluten



Fish



Nuts



Sesame Seeds



Mollusc



Celery



Sulphur Dioxide