

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Green lentils and carrots with potatoes	Beef pieces and aubergine with egg free noodles	Lentils and peppers with fusilli pasta	Fish fillet and garden peas with potatoes	Chicken breast and spinach with basmati rice
	Carrot, Green Lentils, Potatoes	Aubergine, Beef Diced, Egg Free Noodles (Contains Gluten) G	Egg Free Fusilli (Contains Gluten), Green Peppers, Lentils, Red Peppers, Yellow Peppers G	Alaska Pollack (Contains Fish), Garden Peas, Potatoes F	Basmati Rice, Chicken Breast, Spinach
Dessert	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

Allergens Key

- D** Dairy
- E** Eggs
- SB** Soy Beans
- M** Mustard
- L** Lupin
- C** Crustaceans
- P** Peanuts
- G** Gluten
- F** Fish
- N** Nuts
- SS** Sesame Seeds
- M** Mollusc
- C** Celery
- SD** Sulphur Dioxide