

	Monday	Tuesday	Wednesday	Thursday	Friday
Main	<p>Chick peas and carrots with rice</p> <p>Basmati Rice, Carrots, Chick Peas</p>	<p>Chicken with mango and sweetcorn with couscous</p> <p>Chicken Breast, Cous Cous (Durum Wheat Semolina - Contains Gluten), Mango Puree, Sweetcorn</p> <p>G</p>	<p>Beef with tomatoes and potatoes</p> <p>Beef Diced, Potatoes, Tomatoes</p>	<p>Chicken with peppers and rice</p> <p>Basmati Rice, Chicken Breast, Peppers</p>	<p>Beef with carrots and pasta</p> <p>Beef Diced, Carrots, Pasta (Durum Wheat Semolina - Contains Gluten)</p> <p>G</p>
Dessert	<p>Fresh fruit</p> <p>Ingredients:, Fresh Fruit</p>	<p>Fresh fruit</p> <p>Ingredients:, Fresh Fruit</p>	<p>Fresh fruit</p> <p>Ingredients:, Fresh Fruit</p>	<p>Fresh fruit</p> <p>Ingredients:, Fresh Fruit</p>	<p>Fresh fruit</p> <p>Ingredients:, Fresh Fruit</p>

Allergens Key

- D** Dairy

E Eggs

SB Soy Beans

M Mustard

L Lupin

C Crustaceans

P Peanuts
- G** Gluten

F Fish

N Nuts

SS Sesame Seeds

M Mollusc

C Celery

SD Sulphur Dioxide