

Free From Dairy (VEGAN) - Child Tea - Vegetarian - Week 3

Monday Tuesday Wednesday **Thursday Friday** Favourite vegetable curry Main Veggie sausage and Roasted vegetable pasta Roast butter beans with a Lentil cottage pie with garden peas with sautéed bake sweet carrot sauce and potatoes with carrots Served with basmati rice potatoes garden peas served with Chopped Tomatoes, egg free noodles Baked Beans In Tomato Courgettes, Diced Carrots, Sauce, Carrots, Chopped Garden Peas, Sauteed Apple, Basmati Rice, Tomatoes, Gluten Free Flour, Egg Free Fusilli (Durum Cannellini Beans, Carrots, Potatoes, Vegetarian Basil, Butter Beans, Carrots, Wheat Semolina - Contains Gluten Free Low Salt Coconut Milk (Coconut Sausages (Contains Gluten) Chopped Tomatoes, Egg Gluten), Garlic Puree, Gluten Vegetable Stock (Cornflour, Extract, Guar Gum, Xanthan Free Noodles (Wheat Flour Free Low Salt Vegetable Potato Starch, Onion, Carrot, Gum), Garden Peas, Garlic, (With Calcium Carbonate, 0 Stock (Cornflour, Potato Peas, Tomato Powder, Black Gluten Free Low Salt Iron, Niacin, Thiamin), Salt, Starch, Onion, Carrot, Peas, Pepper, Parsley, Turmeric, Vegetable Stock (Cornflour, Paprika - Contains Gluten), Tomato Powder, Black Salt), Green Lentils, Ground Potato Starch, Onion, Carrot, Garden Peas, Gluten Free Pepper, Parsley, Turmeric, Black Pepper, Mixed Beans, Low Salt Vegetable Stock Peas, Tomato Powder, Black Salt), Green Peppers, Onion, Mixed Herbs - Dried, Mixed Pepper, Parsley, Turmeric, (Cornflour, Potato Starch, Red Lentils, Red Peppers, Peppers, Onion, Salt, Salt), Ground Black Pepper, Onion, Carrot, Peas, Tomato Sweetcorn, Yellow Peppers Sauteed Potatoes, Smoked Korma Curry Paste, Tomato Powder, Black Pepper, Paprika, Sunflower Oil, Parsley, Turmeric, Salt), Purée, Coconut, Rapeseed Thyme, Tomato Paste Oil, Cumin, Coriander, Garlic, Ground Black Pepper, Onion, Ginger, Turmeric, Xanthan Salt, Spinach, Sunflower Oil Gum, Cardamom, Mango Chutney, Mango, Sugar, G Vinegar, Salt, Chilli Powder, Ginger Powder, Garlic Powder, Turmeric Powder, Onion, Sunflower Oil, Sweetcorn, Tomato Puree

Allergens Key















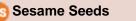




















Created by The Yum Yum Food Company London

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Dessert

Fruit compote

Ingredients:, Apple, Peach, Vanilla, Cinnamon, Pinch Of Sugar

Pear and pineapple energy bites

Cocoa Powder, Maple Syrup, Oat Flakes (Contains Oat & Gluten), Orange Extract, Pear, Pineapple, Rice Krispies (Rice, Sugar, Barley Extract, Salt -**Contains Barley)**

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Vegan, soya free cake

Ingredients:, Wheat Flour (Contains Gluten), Apple, Peach, Pear, Dairy Free Margarine, Pinch Of Brown Sugar, Gluten Free Baking Powder, Bicarbonate Of Soda, Cinnamon



Mixed fruit crumble

Ingredients:, Wheat Flour (Contains Gluten), **Breadcrumbs (Contains:** Gluten), Apple, Peach, Pear, Pinch Of Brown Sugar, Vanilla

Flavouring, Cinnamon

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Fresh fruit

Ingredients:, Fresh Fruit

Allergens Key





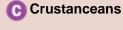








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